

TEETH MADE OF GOLD COIN.

American Soldier's Valuable Molar Made by Filipino Dentist from Twenty-Dollar Piece.

A recently returned soldier from the Philippine Islands... The soldier's molar was made of a twenty-dollar gold piece.

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THE BIRDS OF HAWAII.

Development of Country's Resources Driving Them Back into Mountain Wilderness.

From some of the open pastures rise the winged of the skylark... The birds of Hawaii are being driven back into mountain wilderness.

UNDESIRABLE AMERICANS.

Annual Summer in Philippines Attracts Many of Vagrant Tendencies.

The attempt to rid Manila and the surrounding country of those Americans who have no visible means of support... Undesirable Americans are attracted to the Philippines.

Sensitive Soul.

"Must you yell, Brister?" said Ned North, to see that the peas are thoroughly mashed... Sensitive soul reacts to noise.

CONDIMENTS AND HEALTH.

Excessive Use of Pepper, Salt, Mustard and Vinegar in Consumption of Tasteless Foods.

The condiments in common use are salt, pepper, mustard and vinegar... Excessive use of condiments can harm health.

Hence, cold food is generally very freely mixed with salt, pepper of the cayenne order, mustard, or vinegar... Condiments add flavor to bland food.

Of all the condiments mentioned above, salt is the only one that can justly lay claim to being necessary to health... Salt is essential for health.

But it is quite otherwise when we come to deal with black white or red pepper, mustard, vinegar, sauces pickles, curries and spices... Spices and condiments are not essential.

In the very strictest moderation they may add a fresh zest to a dish and stimulate a jaded appetite... Moderation in condiments is key.

In such an extent that their action on the processes of digestion and assimilation becomes injurious... Excessive condiments are harmful.

Persons who would think twice before applying a small mustard plaster to their comparatively hardy skins... Overuse of mustard is bad.

But the best medical authorities and hygienists believe that few men have ever been seriously injured by hard work properly done... Hard work is healthy.

Of course, there may be such a thing as too much work—too constant application without recreation of any sort... Balance is important.

It is the lack of system, the inability to concentrate the mind on the work of the moment that makes for failure and for breakdown... System is key to success.

Another reason why overwork kills is that the man willfully and ignorantly neglects the laws of health... Neglecting health leads to failure.

He eats too much under the mistaken idea that food is needed to help him bear the strain... Overeating is not helpful.

He neglects physical exercise in the open air, and the system becomes clogged with waste material... Exercise is necessary.

System, a quiet perseverance in taking up and completing one thing at a time, moderation in eating one hour at least each day in the open air and seven hours sleep will enable a man to put behind him an enormous amount of work every day without hurt to mind or body... Consistent effort pays.

ABOUT WORK AND WORRY.

Overwork Sometimes Kills Because the Health Has Not Been Taken Care Of.

It is sometimes a slight compensation for the man who is broken down physically or mentally... Overwork can be fatal.

MASTER OF THE ELEPHANT.

An Old-Time Tamer Who Seldom Had Trouble with His Mammal's Mouth Charges.

"Gil" Robinson, the famous circus man, was lately in town "laying off" on one of his periodical trips around the world... Master of the elephant.

"Chief" said Mr. Robinson, "was one of our best, and at the same time worst, elephants... Chief was a unique animal.

"I had Chief taken to a dock by the river in the next town and a chain fastened around one of his hind legs... Chief was tamed.

"Finally I got a bale of hay and spreading it under Chief's swinging frame set fire to the loose hay... Hay was used to tame Chief.

"I followed his trail easily and soon came upon him. Chief was the boss of a little cottage settlement... Chief lived in a settlement.

"I followed him as I approached from behind... Chief was tamed.

"I ran up alongside of him and gave him a slap... Chief was tamed.

"Chief turned and saw me... Chief was tamed.

"I grabbed him by the trunk, gave him a yank or two and jugged him back to his tent... Chief was tamed.

"Chief was like that till the day of his death... Chief was tamed.

"Buried by Ancient Kings... Discovery of ancient tombs.

"The Editor's Surprise... Editor's surprise at a letter.

"What was the trouble, old man?" asked his coworkers... Editor's surprise.

"Look for yourselves," he murmured weakly... Editor's surprise.

"The sender had enclosed enough stamps for its return in case it was not available... Editor's surprise.

"What Did She Want?" Mrs. Newstead—I want to get some salad... Editor's surprise.

"Oh, goodness! I thought you took the heads off... Editor's surprise.

MOTHERS AND DAUGHTERS.

Mistaken Course of Self-Sacrifice Followed by Parents Too Often Brings Truogery.

The girl's attitude toward her mother depends very much upon the mother's attitude toward the girl... Mistaken self-sacrifice.

The mother's garments should always be in some respects superior to those of the daughter... Mistaken self-sacrifice.

Any girl indulged in dress and pocket money, so as to overburden the finances and labor of the rest of the family... Mistaken self-sacrifice.

And here is another from Many a mother never sits at the table with the children... Mistaken self-sacrifice.

with the gold fragments remaining in the old times... Mistaken self-sacrifice.

Let the mother, then, instead of drugging to pamper the bodies of her children... Mistaken self-sacrifice.

to her mental and moral development... Mistaken self-sacrifice.

to that her children may have no cause to be ashamed of her... Mistaken self-sacrifice.

to her widowed mother... Mistaken self-sacrifice.

to her father... Mistaken self-sacrifice.

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ELUDING CHINESE PIRATES.

Simple Enough When One Is Possessed of a Certain Falmatic Word.

A letter written by Dr. O. T. Logan of Charleston, China, to Rev. R. T. Caldwell, pastor of the Cumberland Presbyterian church of Macon, Mo., gives some interesting facts about Chinese pirates... Eluding pirates.

"The lake at Changteh is infested with Chinese pirates, who operate light swift craft and make voyages for small crews... Eluding pirates.

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THE OLD CIRCUS GNU.

An Animal Formerly Considered a Great Curiosity Now Almost Extinct.

If anyone will take the trouble to look over the files of the National Intelligence in the library of congress, he will find (1827 or 1828) an advertisement of the first circus that ever pitched its tents in Washington... Old circus gnu.

The white-tailed gnu, known to the people of South Africa as the black-wild-beast and to American citizens as the "horned horse," is a very simple animal... Old circus gnu.

In all the old history of the extermination of the wild animals, such as the American bison, the Southern black wolf, the white rabbit, the quagga, the caracul, the camel, the ostrich, the gnu... Old circus gnu.

The gnu, or horned horse, is a very simple animal, with head and horns reminding one of those of a buffalo, a neck, mane, barrel, flanks and tail strikingly like those of a well-built pony and long antelope legs... Old circus gnu.

In captivity they were dangerous animals, for one could never tell what moment they would take a notion to commit some wild and crazy prank, while in their native state their horns were always broken and splintered with constant sparring among themselves... Old circus gnu.

As in the case of the American bison, the Dutch farmers began killing them off for their skins, so that by 1875 only a small remnant were left in the Orange Free State... Old circus gnu.

It was about this time that the Brothers B, who prided themselves upon being the original beer drinkers, determined to produce a new breed of beer... Old circus gnu.

The beer was called "Old Circus Gnu" and was a great success... Old circus gnu.

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